

Champs & Me (Ages 2-3)

This coed Mommy and Me class is designed for young children to learn the basic coordination skills needed for physical movement through gymnastics. Mom/Dad actively participates with the child during class, and the instructor provides specific skill instruction on achievement.

Activities will include increasing motor skills, developing social interactions, flexibility, taking turns, and listening skills. These little Munchkins will learn body awareness as they participate in a variety of activity to get their little bodies moving. Watch the sense of delight and smiles on their faces when they achieve a new skill!

This energetic class is perfect way to not only introduce your little champion to sports but also to develop school readiness skills like listening, waiting in line, and following directions. Lots of giggles and excitement in this class!

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CHAMPS & ME

*For boys and girls 2-3 years old
45 minutes*

Schedule

Monday: 4:00

Tuesday: 10:00

Wednesday: 3:00, 4:00

Thursday: 10:00

Friday: 3:00

Saturday: 12:00

Sunday: 10:00

Monthly Cost

Annual Family Membership Fee:
\$72

1x per week: \$100

2x per week: \$160

3x per week: \$200

**IF YOU ARE NEW ATHLETE TO
CGC YOUR FIRST MONTH FREE
TUITION WITH \$35 REGISTRATION**